Severe Crohn's disease: Medical options

Gerhard Rogler, Department of Gastroenterology and Hepatology, UniversitätsSpital Zürich



UniversitätsSpital Zürich



Disclosure

Conflict of interests

Gerhard Rogler has consulted to Abbott, Abbvie, Boehringer, Calypso, Essex, FALK, Genentech, MSD, Novartis, Pfizer, Roche, UCB, Takeda, Tillots, Vifor and Zeller;

Gerhard Rogler has received speaker's honoraria from Astra Zeneca, Abbott, Abbvie, FALK, MSD, Phadia, Takeda, Tillots, UCB, and Vifor;

Gerhard Rogler has received educational grants and research grants from Abbot, Abbvie, Ardeypharm, Essex, FALK, Flamentera, Novartis, MSD, Roche, Tillots, UCB and Zeller.



Timing of anti-TNF introduction in IBD: Proposed algorithm



Numbers given in this slide represent an approximate estimation from several cohorts and population-based data.

Solberg et al. Scand J Gastroenterol 2009;44:431–40. Langholz E, et al. Scand J Gastroenterol 1996;31:260–6. Hoie O, et al. Gastroenterology 2007;132:507–15. Munkholm P, et al. Scand J Gastroenterol 1995;30 :699–706. Solberg IC, et al. Clin Gastroenterol Hepatol 2007;5:1430–8. Thia KT, et al. Gastroenterology 2010 Oct;139:1147–55.



UniversitätsSpital Zürich

ECCO statement 5D

Severely active localised ileocaecal Crohn's disease should initially be treated with systemic corticosteroids [EL1]. For those who have relapsed, an anti-TNF based strategy is appropriate [EL1]. Surgery is a reasonable alternative for patients with disease refractory to conventional medical treatment and should also be discussed [EL3]. For some patients who have infrequently relapsing disease restarting steroids with an immunomodulator may be appropriate [EL2]. In patients refractory to steroids and/or anti-TNF vedolizumab is an appropriate alternative [EL1]



ECCO statement 5F

Extensive small bowel Crohn's disease should initially be treated with systemic corticosteroids, but early therapy with an anti-TNF based strategy should also be evaluated [EL5]. For patients with severe disease who have relapsed, an anti-TNF based strategy is appropriate [EL5]

ECCO statement 5G

Patients who have clinical features suggesting a poor prognosis appear the most suitable for early introduction of immunosuppressive therapy. Early anti-TNF therapy [EL2] should be initiated in patients with high disease activity and features indicating a poor prognosis [EL3]



ECCO statement 5I

Patients with objective evidence of active disease refractory to corticosteroids should be treated with an anti-TNF based strategy [EL1], although surgical options should also be considered and discussed at an early stage [EL5]







UniversitätsSpital Khanna R, et al.: Early combined immunosuppression for the management of Crohn's disease (REACT): a cluster randomised controlled trial. Lancet. 2015 Nov 7:386(10006):1825-34

REACT: time to initiation of treatment



Khanna R, et al.: Early combined immunosuppression for the management of Crohn's disease (REACT): a cluster randomised controlled trial. Lancet. 2015 Nov 7;386(10006):1825-34

REACT: time to first hospitalisation, surgery or complication



Khanna R, et al. ECCO 2014, Copenhagen; OP004



Side effects of prolonged GCS therapy



*Overall GCS therapy (not only therapy for CD).

Sandborn W. Can J Gastroenterol. 2000;14(suppl C):17C-22C.



UniversitätsSpital Zürich



Anti-TNF drug safety



Black-box warning for serious infection and malignancy for all anti-TNF therapies¹⁻³

Black-box warning for HSTCL (ADA and IFX)^{1,2}



Skin cancer⁴

Psoriasis⁴

Autoimmunity (lupus-like syndrome <1%)⁴

Immunogenicity—antibodies to anti-TNF⁴

Demyelinating disorders, CHF, liver toxicity⁴



UniversitätsSpital Zürich 1. Remicade [package insert]. Horsham, PA: Janssen Biotech, Inc.; 2013.

- 2. Humira [package insert]. North Chicago, IL: AbbVie, Inc.; 2013.
- 3. Simponi [package insert]. Horsham, PA: Janssen Biotech, Inc; 2013.
 - 4. Bongartz T, et al. JAMA. 2006;295(19):2275-2285.

Anti-Integrin Drug Safety

Increased risk for **progressive** multifocal leukoencephalopathy (PML) (Natalizumab)

Headache, fatigue, depression, rash, nausea, abdominal discomfort, UTI, arthralgia, respiratory infection



Clinical Response to Ustekinumab (UNITI I)

Clinical response (a decrease from BL in CDAI score of ≥100 points or a CDAI score <150)



*Weight-range-based doses of ustekinumab approximating 6 mg/kg; UST: Stelara

UniversitätsSpital Zürich

Adapted from Feagan et al. N Engl J Méd 2016;375:1946-60.

TREATMENT ALGORITHM FOR CROHN'S DISEASE



Swiss expert recommendation - Based on ECCO guidelines 2010^{1,2} and other published literature

Developed by:

Luc Biedermann, Stephan Brand, Emanuel Burri, Petr Hruz, Pascal Juillerat, Michael Manz, Michel Maillard, Gerhard Rogler, **UniversitätsSpital** Bernhard Sauter, Alain Schoepfer, Frank Seibold, Stephan Vavricka.



Zürich

LUMINAL CROHN'S DISEASE (WITHOUT FISTULA) -3,14,15







y

Fistulating disease¹⁻³





Thank you for your attention